



Face Mask

-With Pocket & Nose Wire-
(Optional Ties)

Supply List

- ~Two 7" x 10" pieces of cotton fabric
- ~Two pieces of 4" long gardening wire (thin, similar to twist ties)
- ~Two 6 1/2" pieces of 1/4" wide elastic OR two 36" pieces of flat rope or grosgrain ribbon.
- ~One 4 1/2" single fold bias tape



Step 1

Cut 2
7" x 10"
pieces of fabric

Step 2

1/2" seam
allowance

Place pretty
sides together.

Stitch along
bottom edge
leaving approx 3"
opening in the
middle



Step 3

Lay flat
and iron
the
seams
open.



Do a backtack on
either side of the
opening that is in
the seam. **You can
also top stitch
around the
opening if you'd
like.**

Step 4

Iron the long edges 1/2" towards the wrong side of the fabric.



Step 5

Fold in half with pretty sides together. Clip or pin top edge and stitch.



Make sure the folded edges you ironed in the last step remain folded.



Step 6

Front View



Flip pretty side out and slightly offset where the seam lies approx. 3/4". The small opening should be in the back at the bottom.

Back View



For simplified version, you don't need to offset the fold. Keep the folded edges along the top and bottom so there is only one style of fabric showing on each side.

Step 7

Cut a 4 1/2" piece of single fold bias tape. Clip or pin it to the backside of the mask in the center at the top (facing where the nose will be.) Stitch along bias tape at the top, 1 side and bottom. Insert two wires and stitch the opening closed.



Step 8



Make 3 pleats on each side of the mask and clip or pin. Pleat direction **MUST** be down on the front of the mask so debris doesn't fall into the pleats.

Insert elastic and clip or pin.

(If you are using flat rope or ribbon for your ties, complete this step as directed, only without inserting elastic.)

Step 9



Top stitch the left and right sides **and along the bottom of the mask**. Reinforce with extra backtacks over the elastic and pleats.

(If you are using flat rope or ribbon for your ties, complete this step as directed, only without inserting elastic.)

Step 10

Flat Rope or Ribbon

(skip this step if you used elastic)

If you are using flat rope or grosgrain ribbon for the ties, find the center of each rope or ribbon piece and place over the stitch line on the left and right sides of the mask. Stitch in place and secure with a few extra backtacks. Burn the ends of the rope or ribbon if it's not already done. This prevents them from fraying.

